



CENTER FOR ADVANCED AESTHETICS

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Cryosurgery

Cryosurgery is the treatment of lesions with the application of a cold substance. In most cases, liquid nitrogen is used to destroy the lesion(s).

After treatment with liquid nitrogen your skin may be red or swollen. There may be some burning sensation or pain that usually lasts less than 5 minutes but can rarely last up to 24 hours. The discomfort can be relieved with extra strength Tylenol or similar pain relief medication.

Within 24 to 48 hours a blister may form. The blister will dry up. You may relieve the pressure of a tense blister with a sterile needle. This will help with the pain.

Instructions for Care (twice daily until healed):

1. Wash your hands with soap and water.
2. Clean the sties with gentle soap & water, rinse, pat dry.
3. Apply antibiotic ointment (Neosporin, Polysporin, Bacitracin, or Mupirocin or Petroleum Jelly or Aquaphor)
4. A band-aid may be applied loosely over the blister until it is dry.

Call our office if you experience the following or have any questions:

- Redness
- Swelling
- Yellow discharge
- Heat
- Increased pain

This may be a sign of infection.