

SEBORRHEIC KERATOSIS

Seborrheic Keratosis is non-cancerous wart-like growth on the surface of the skin. It is a benign skin tumor. The cause is unknown. The condition commonly appears after the age of 40 and tends to run in families.

SYMPTOMS:

Skin growths that are located on the face, chest, shoulders, or back are typical signs of Seborrheic Keratosis. They are normally painless but may become irritated and itchy. They are usually yellow, brown, or black and have a slightly raised, flat surface. The growths may also have a rough, wart-like texture or a waxy surface. They tend to be oval in shape. There are usually multiple growths over the body. Many times the skin growth will appear as though it was “pasted on” onto one’s appearance. .

DIAGNOSIS & TREATMENT:

Diagnosis is mainly based on the way the growths appear. Sometimes a skin lesion biopsy is required to confirm the diagnosis. Treatment is usually not needed unless the growths become irritated and unsightly. If treatment is needed, growths may be removed with surgery or by freezing them off. Any new growth on the skin should be evaluated by a health care provider, but often times it may be benign.

PROGNOSIS:

Removing the growths is a fairly simple process and does not leave any scars. Growths located on the trunk often leave the skin a lighter color than before. Growths do not normally return after they have been removed. However, once one has developed a skin growth, it is possible to develop them again in the future.

There are many ways to go about dealing with this skin condition. With the help of Dr. Shah and her colleagues, you can make a comfortable and informed decision.

