

CENTER FOR ADVANCED AESTHETICS

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SKIN CANCER SCREENING

What to watch for when looking at moles. While prevention is your best defense against skin cancer, if a melanoma should develop, it is almost always curable with early detection. Check your skin regularly for changes or new lesions. Compare each mole to the pictures below for the ABCD's of skin cancer.

A: Asymmetry		When comparing sides, does one half look like the other? Symmetry is good.
B: Border	46	Is the border smooth and round or jagged and rough? Smooth and Round is good.
C: Color		Is there any variation in color? One even color is good.
D: Diameter	ómm	A diameter of 6 mm, the size of a pencil eraser, or less is considered a good sign.
E: Evolving	Growing, Painful, Bleeding?	Any Changes to the lesion?

Reference: American Academy of Dermatology, ABCDs of Melanoma Detection, www.aad.org